



# University of Melbourne TRANSFORM Leadership Program 2019

*Adolescent Health and Wellbeing in Indonesia*  
10-16 June 2019

Interested in leadership?  
Believe young people are our future?  
Concerned about Non-Communicable Diseases (NCDs)?  
Want to learn about innovation?

**APPLICATIONS DUE MIDNIGHT (WIB) FRIDAY 19<sup>th</sup> APRIL 2019**



Applications are sought from interested early career individuals with leadership potential to participate in a unique six-day leadership program in Melbourne, Australia in June 2019 that will be hosted by the Department of Paediatrics and Centre for Adolescent Health at The University of Melbourne.

## **Adolescent Health and Wellbeing in Indonesia**

Indonesia is going through a major demographic and health transition. In addition to a greatly increasing proportion of 10-24 year old adolescents, these young people are experiencing a new set of health problems related to lifestyle behaviours (eg unhealthy diet, physical inactivity, tobacco use and substance use) and mental health conditions (eg depression, anxiety). There is an urgent need for Indonesia to build its workforce, policy and technical capacity to meet the new challenge of responding to the health needs and life aspirations of its growing adolescent population.

## Adolescent Health and Wellbeing Leader, University of Melbourne

Professor Susan Sawyer holds the chair of adolescent health at The University of



Melbourne, is director of the RCH Centre for Adolescent Health and a leader within global adolescent health.

A paediatrician by training, Professor Sawyer is a practicing adolescent physician who has helped to develop the field of adolescent health in Australia and increasingly internationally.

Her clinical and research interests revolve around health services for adolescents, including the development and evaluation of innovative models of clinical service for adolescents in both primary care and specialist settings.

From 2014 – 2018, Prof Sawyer lead the Health Cluster of the Australia-Indonesia Centre, which managed a portfolio of bilateral research activities that focused on innovative approaches to preventing NCDs early in the lifecourse, with a focus on children and adolescents.

As a global leader of adolescent health, Prof Sawyer has been a consultant around research to WHO, UNICEF, UNFPA and the World Bank. Having co-led two series on adolescent health for The Lancet, Prof Sawyer was also a Commissioner for the 2016 'Lancet Commission on Adolescent Health and Wellbeing' which brought together some of the world's leading universities including The University of Melbourne, Columbia University, University College London, the London School of Hygiene and Tropical Medicine and the University Washington.

### Program Goals

To develop the capacity of a select group of current and future leaders in Indonesia to advance adolescent health and wellbeing with a focus on prevention of NCDs. The program aims to:

1. Develop skills for leadership;
2. Appreciate the value of working collaboratively in cross-sectoral contexts;
3. Increase knowledge of adolescence and the evidence-base for effective strategies for the prevention of NCDs at individual and population levels;
4. Build skills around engagement and consultation with adolescents in the conception, development and implementation of NCD prevention strategies;
5. Develop skills in using social media to support the advancement of adolescent health and wellbeing.

### Delegate Selection and Eligibility

Fifteen leaders/future leaders will be selected to represent a range of disciplines, roles and sectors, with the purpose of developing their knowledge and skills around adolescent health and wellbeing plus NCD prevention in the context of working within and across different sectors. The program will include leadership skills, advocacy, program logic, youth participation, data analysis, social media, intervention design, behaviour change, organisational change and evidence-based practice.

## Delegate Selection and Eligibility (cont.)

Competitive applicants will be assessed against the below eligibility criteria:

- Tertiary education - for example medicine, nursing, school counselling, lecturing, social work, health promotion, community development, or advocacy, or any area related to youth
- Working experience between 5 to 15 years. Such as health professional, manager, co-ordinator, leader, academic, or any role pertinent to youth
- Currently employed in a range of sectors including private, government, NGO, philanthropic, or civil society, or any sector relevant to youth
- Professionals with 5 to 15 years working experience, and be less than 45 years of age
- Experienced working with young people OR
- Have a keen interest in working with young people

Applicants should be able to:

- **demonstrate their interest** in the health and wellbeing of adolescents
- **describe any experience** working towards the health and wellbeing of adolescents (eg clinical care, policy, advocacy, research, programming, implementation)
- **express their belief** in the importance of multilevel and cross-sectoral strategies
- **advocate for innovative approaches** to prevention programming for adolescents
- **demonstrate their leadership or leadership potential**

## Requirements

Participants must gain permission from their workplace to apply for the Transform Leadership Program with confirmation that they will remain on their regular salary for the duration of the program, were they successful.

Participants must be available for a virtual interview in mid-late April 2019.

Participants must be able to attend all six days of the Melbourne-based Transform Leadership Program from June 10<sup>th</sup> - 15<sup>th</sup> 2019 (with the day beforehand and afterwards for travel between their home city and Melbourne).

Participants must be willing to work with their assigned mentor within the Transform Leadership Program up to 3 months after the training has been completed on a specific project.

Participants must submit a report on the outcomes of their participation in the Transform Leadership Program 3 months after participation.

Participants must be prepared to contribute fully throughout the six days of the Transform Leadership Program, and to work co-operatively and respectfully with program organisers, facilitators, presenters and with other participants.

Participants must join after-hours social activities that are planned within the Transform Leadership Program.

## Costs covered

The Transform Leadership Program will cover the cost of:

- return economy flights for individual delegates from Indonesia to Melbourne (or internal flights if Australian based)
- Australian visas
- accommodation for the duration of the program (twin share)
- lunch for six days, plus \$40 AUD contribution to daily living costs per delegate
- 'Transform' welcome dinner at University House, University of Melbourne
- all learning resources and materials.

## Application Process

**By midnight (WIB) Friday 19<sup>th</sup> April 2019**, applicants\* must submit a complete online application on the below website and include:

1. A Curriculum Vitae (CV)
2. Written answers to a set of questions
3. A written and signed reference from your employer.

**Application website:** [https://is.gd/2019\\_Application\\_TRANSFORM](https://is.gd/2019_Application_TRANSFORM).

You can create and return to your application multiple times prior to submitting a complete application by the closing deadline. RediCAP is a secure survey website.

*Please note: late applications will not be considered.*

\*Professionals from remote regions are encouraged to apply.

**Due date:** midnight WIB, Friday 19<sup>th</sup> April 2019

**Second-stage interviews:** will be held late April 2019.

**Enquiries:** Please contact Christianne O'Donnell, Transform Health Coordinator with any questions on [c.odonnell@unimelb.edu.au](mailto:c.odonnell@unimelb.edu.au).



**Christianne O'Donnell** is the Research & Engagement Lead, South East Asia, at the Department of Paediatrics, University of Melbourne.

Over the last two years, she managed research portfolio between Indonesia and Australia as part of the previous [Health Cluster of the Australia-Indonesia Centre](#).

**Christianne** also has significant experience in on-the-ground implementation of community development programs combined with extensive experience in management of strategic complex industry-research collaborations across the sciences, engineering, technology and primary industries. She has worked and lived in the Northern Territory, Timor Leste and Papua New Guinea.