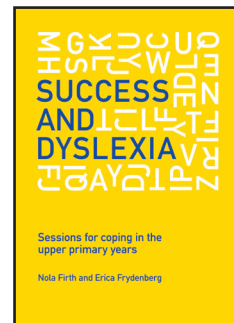


ACER Press Advance Information

September 2011 New Release

Title	Success and Dyslexia Sessions for coping in the upper primary years
Author	Nola Firth and Erica Frydenberg
Format	BC 88 pages 245 x 176mm Plus DVD
Series	N/A
ISBN	978-1-74286-019-0
RRP	\$49.95
Market	Primary school principals and teachers, special education teachers, school counsellors; speech pathologists; educational psychologists; paediatricians; and tutors
Primary subject	Special needs / Education
International Market Rating	Australia A New Zealand A UK, Europe, Middle East A USA A



Classification Special Needs / Education

About the book

Success and Dyslexia is a unique, evidence-based program that assists all upper primary students, but especially those with dyslexia, to increase their ability to take control of and cope well with the problems that occur in their lives. Because dyslexia is often highly resistant to improvement despite dedicated literacy and numeracy teaching interventions, this groundbreaking resource focuses instead on adaptive coping skills as a powerful determinant of life success.

Underpinned by cognitive behavioural principles and recent coping and learning disabilities research, **Success and Dyslexia** concentrates intensively on three key skill areas: awareness and strengthening of current coping methods, challenging self-defeating thoughts, and assertion skills to discover needs and ask appropriately for support.

All components of the program use best practice process for students who have dyslexia, including:

- explicit strategy instruction,
- print free activities,
- relevance to students' personal lives, and
- opportunity for revision.

Important information on dyslexia diagnosis and support is provided, and real-world vignettes are used to demonstrate successful teaching practice and student outcomes. The extensive range of flexible reinforcement activities can be tailored by teachers to address individual needs, and an accompanying DVD contains interviews, role plays, useful resources and weblinks, as well as handouts for classroom use.

Key Points

- A comprehensive, sequential, school-based program that develops coping skills and resilience in all students, and particularly those with dyslexia
- Flexible reinforcement activities that can be tailored to suit individual and group needs
- Accompanying DVD includes reproducible low-print handouts; interviews with authors, teachers and parents; classroom footage demonstrating the program in action; and entertaining and informative student role plays
- Comprehensive bibliography, and separate resource lists provide specific 'dyslexia' as well as more generic reference material, and website links to national and international associations

About the authors

Nola Firth, G.D.S.E., M.Ed., PhD, is a senior researcher at the Centre for Adolescent Health, Royal Children's Hospital and the Murdoch Children's Research Institute and an Honorary Research Fellow at The University of Melbourne. She has undertaken extensive research in the area of coping with learning disabilities. Originally a teacher and a past president of Learning Difficulties Australia, she is also a Churchill Fellow and a member of the National Dyslexia Working Party.

Erica Frydenberg PhD is an educational, clinical and organisational psychologist who has authored and co-authored over 100 academic journal articles and chapters in the field of coping, including, **Adolescent Coping Scale** and **Coping Scale for Adults**. She has developed programs to teach coping skills including **The Best of Coping**, **Coping for Success** and **Early Years Coping Cards**, all of which have been published by the Australian Council for Educational Research.

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